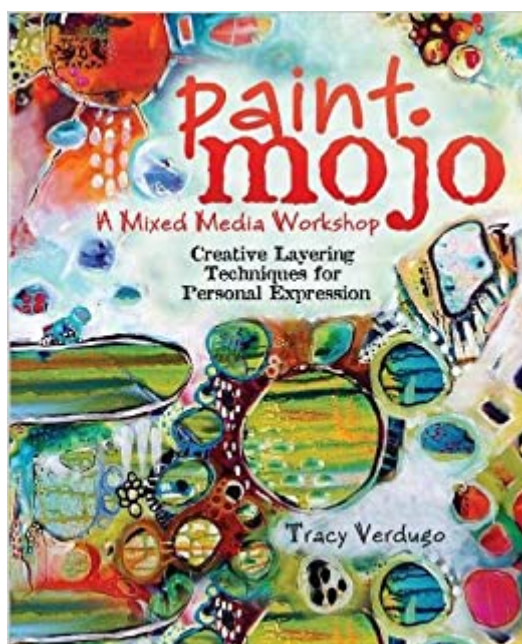


The book was found

# Paint Mojo - A Mixed-Media Workshop: Creative Layering Techniques For Personal Expression



## Synopsis

Claim the beauty of your unique, authentic expression. Break free of your comfort zone, sharpen your senses to perceive the world around you and find happiness in play. On this painterly journey, Tracy Verdugo leads you from self-doubt to self-appreciation by helping you find your voice through a myriad of vibrantly-hued mark making, painting and self-reflection techniques. There are no mistakes here, only opportunities to learn and grow. Learn the language of your own sacred marks by painting with personal symbology. Discover the inspiration that exists around you, in your home, your community, the present moment. 19 step-by-step exercises use popular mixed media materials such as pastels, acrylic paints, inks and more! See how to use art making to plant creative seeds and cultivate your wildest dreams. Turn on your Paint Mojo and make an awesome, shiny, perfectly imperfect mark of you.

## Book Information

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## Customer Reviews

I have been looking forward to this book for a long time and it has finally arrived! This art book is more than a how-to; it also provides many inspiring stories and artwork from the author and other contributing artists (including a lot of my favorites like Jesse Reno, Juliette Crane, Lisa Sonora Beam, Judy Wise, Laurie Mika, Orly Avineri, just to name a few--seriously ALL of the artists in this book are very talented and amazing!) The book is the perfect balance of how-to (step-by-step with detailed photos and instructions--I am a visual learner, so this was very important to me) with a lot of fun prompts and assignments sprinkled throughout by the author and the other artists. The stories are all very personal, interesting, inspirational, and will provide you with a lot of insight into the art

making process from a technical as well as an almost spiritual perspective. The author has really poured her heart and soul into this book. I feel like I will use this book throughout my own artful journey as it is a book you can return to again and again for ideas and inspiration. The book isn't just about making artwork, it is also about discovering the voice inside of you, the one that will tell your own personal and unique story through the art that you will make. And you will be inspired to do something new and daring even if all you do is just open the book to one random page and absorb the visuals and take in the honest and thoughtful writing on the page.

If you're looking for an art book that will provide some techniques, you won't be disappointed, but that's not primarily what Tracy's book is trying to accomplish. Artists are not primarily technicians, they are story-tellers who use color and line to speak. Tracy has gathered a tribe of artists who together are telling stories that you'll want to attend to slowly so that you can notice your own story emerging. Don't be impatient with what you find here. The stories can't be separated from the art without doing violence to your tender heart. I received my copy of Paint Mojo when they first began mailing them, but I didn't really begin to dig in until I traveled North to the Boundary Waters area of Minnesota. There, I began savoring every page. And as I turned the pages, and swallowed the color and line and pain and joy, images began to wake up in me. I have never been more prolific as I have been since I began walking with this little companion at the beginning of this week. Thank you Tracy. From the bottom of my heart, thank you.

Your book touched my creative spirit. I now understand how to bring out what is held within. I relished every word nodding in agreement and smiling at recognizing myself. Written with such generosity and honesty. I saw little parts of myself - why I collect stuff - shells, stones, feathers, flowers, papers, photos, pretty things and fabric of course. These things all memories of moments in time - my clutter they call it, but things which take me instantly to a time or place. I now see how to use them to paint these moments. Thank you Tracy for showing me where to begin. Every page filled with beautiful, soulful gorgeousness and practical exercises and projects. It made me smile, it made me cry, it made me wonder at the magic of possibilities. Not just a paint how to but also food for the soul. A friend found tho never met. Yes I loved the book. #shefliesalone

Pleasantly surprised. I have purchased so many similar books. I was enchanted with this book with the first sentence. The author has an exceptional way of phrasing her words. She hooked me with the first sentence and I just kept reading. I usually like looking at the pictures more than reading. Her

words are encouraging and positive. Beginning artists as well as more advanced could get a lot out of this purchase. I bought the spiral bound. The cover is heavy duty and it lays flat which is perfect.

Everything about this book makes me happy. From the cover and the spiral binding to the pages of joyful artwork and the words from so many of my favourite artists, I will work my way through the exercises in the knowledge that Tracy Verdugo's inspiration will finally renew my mojo.

So far so good! Enjoying the projects I've done so far. I like the exercises you are given. Stories from the other artists are good reads as well. It also got me started on creating my own Iconographis journal, which is simply a journal containing the imagery or symbols that often are a part of your art (symbols that you are drawn too). It's become a very handy reference tool.

a most interesting book. Layered with personal testimony of growth and practical application of art inspiration. I thoroughly recommend this book to a beginner starting out on their journey to the skilled of artists looking for new direction and encouragement

Your Mojo will definitely be aroused with this book. Bold. Beautiful.

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